

### After stopping fingolimod treatment

Effective contraception is needed for 2 months after stopping fingolimod treatment because of the length of time it takes for fingolimod to leave the body.

Inform your doctor immediately if you believe your MS is getting worse (e.g. weakness or visual changes) or if you notice any new symptoms after stopping treatment with fingolimod.

### Reporting side effects

If you get side effects, talk to your doctor, pharmacist or nurse. You can also report the side effect directly via the HPRA Pharmacovigilance website: [www.hpra.ie](http://www.hpra.ie).

By reporting side effects you can help provide more information on the safety of your medication. All pregnancies should be reported by:

- **Telephone/Email:** Call the Tillomed Pharmacovigilance department at +44 (0)800 9706115 or email at [medical.information@tillomed.com](mailto:medical.information@tillomed.com)

**Please see the "Patient Information Leaflet" for more information.**

Version 2.0

## Fingolimod Patient Information Fingolimod Tillomed (fingolimod) Pregnancy-Specific Patient Reminder Card

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### Before starting fingolimod treatment

Fingolimod must not be taken if you are pregnant, trying to become pregnant or a woman of child-bearing potential (including female adolescent) not using effective contraception.

Fingolimod can seriously harm an unborn baby (the medicine is said to be 'teratogenic'). Before you start treatment with fingolimod, your doctor will inform you about the serious risks of fingolimod to an unborn baby and explain what you should do to avoid becoming pregnant whilst taking fingolimod.

Your doctor will ask you to take a pregnancy test to make sure that you are not pregnant before starting treatment with fingolimod.

### Before starting fingolimod treatment

Your doctor will explain the need for effective contraception while taking fingolimod and for 2 months after stopping treatment. Talk to your doctor about the most effective contraception options available to you.

Please read the fingolimod Patient/ Parent/ Caregiver Guide provided by your doctor.

### While you are taking fingolimod

You must not become pregnant while you are taking fingolimod and for 2 months after stopping treatment.

You must use effective contraception while taking fingolimod and for 2 months after you stop taking it, to avoid becoming pregnant.

### While you are taking fingolimod

Your doctor will ask you to repeat pregnancy tests at suitable intervals during treatment.

Your doctor will provide regular counselling about fingolimod's serious risks to an unborn baby.

Tell your doctor straight away if you become pregnant or if you want to become pregnant because your doctor will stop your treatment with fingolimod.

In the event of a pregnancy, fingolimod must be discontinued. Your doctor will advise you on the serious risks of fingolimod to the unborn baby and ultrasonography examinations should be performed.